

Lord's Prayer

(*showing the division into seven petitions*)

Our Father in heaven.

1. Hallowed be your name.
2. Your kingdom come.
3. Your will be done on earth as in heaven.
4. Give us today our daily bread.
5. And forgive us our sins, as we forgive those who sin against us.
6. Save us from the time of trial.
7. And deliver us from evil! Amen.

Ten Commandments

1. I am the Lord your God. You shall have no other gods.
2. You shall not take the name of the Lord your God in vain.
3. Remember the Sabbath day, to keep it holy.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's house.
10. You shall not covet your neighbor's wife, or his manservant, or his maidservant, or his cattle, or anything that is your neighbor's.

Apostles' Creed

1. I believe in God, the Father Almighty, creator of heaven and earth.
2. And in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
3. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the resurrection of the body, and the life everlasting. Amen.

Garland of Four Strands

(*used with Commandments and Creed*)

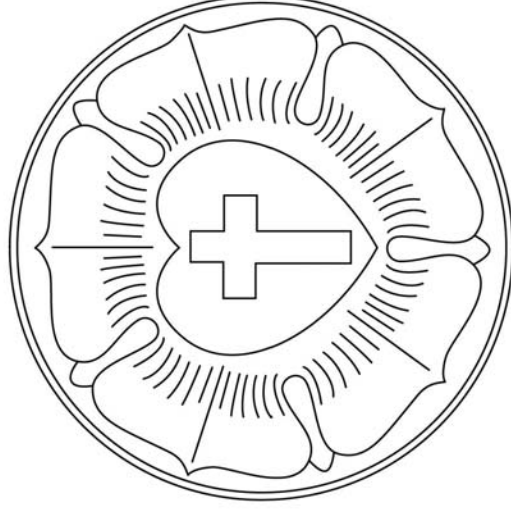
1. Learning—what does this teach me?
2. Thanking—give thanks to God for compassion and instruction
3. Confessing—confess the ways in which you have failed to acknowledge this gift and instruction
4. Praying—pray for grace, faith, strength, and guidance

Notes:

1. The doxology (For the kingdom, the power, and the glory are yours, now and forever.) was not part of the text as Luther knew it.

Inspired by and designed to complement Martin Luther's *A Simple Way to Pray*.

You are welcome to make an individual Lutheran Rosary.



A Lutheran Rosary

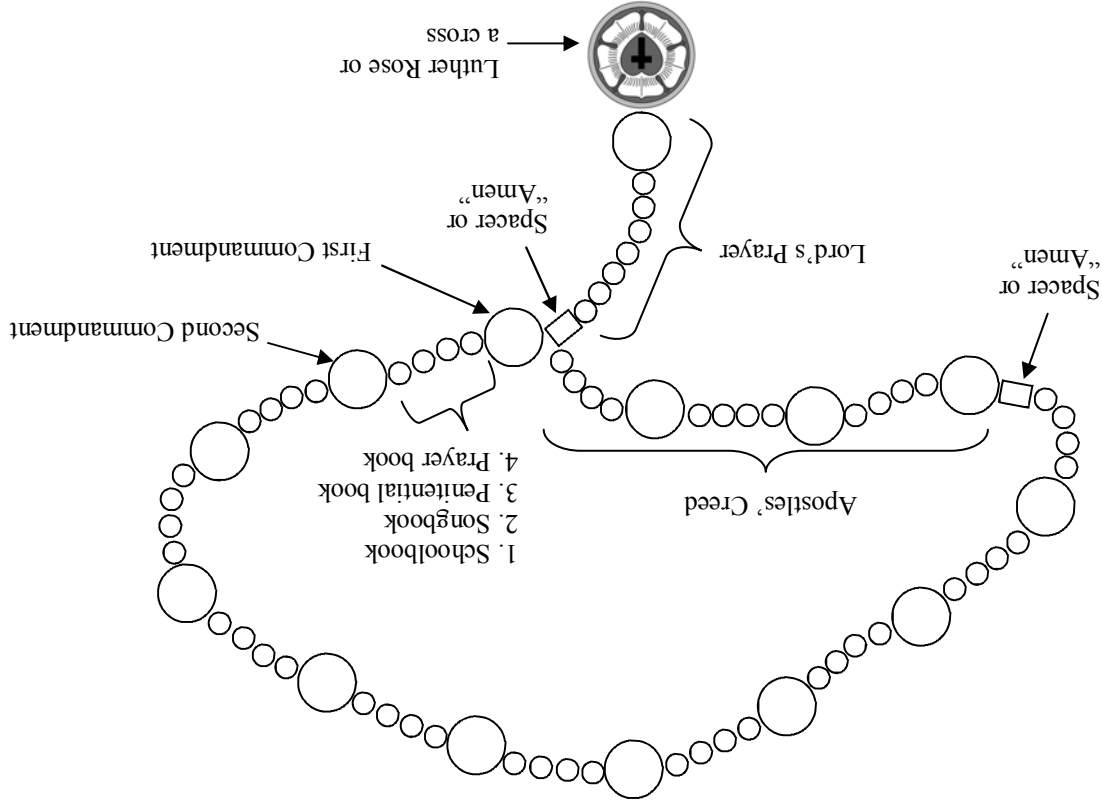
This Lutheran Rosary is designed for use according to Martin Luther's *A Simple Way to Pray*.

You may begin at the Luther Rose or cross by contemplating the centrality of the cross of Christ in our faith. With a Luther Rose, you may also extend this contemplation to the meanings of the various parts of the seal/emblem.

One large bead marks the beginning of the Lord's Prayer ("Our Father"), followed by seven smaller beads, one for each of the petitions. As you recite each of the petitions, pause to contemplate and pray on their meanings.

The Ten Commandments are each marked by a large bead. Each Commandment is followed by four small beads, indicating Luther's "garland of four strands" (Schoolbook/Songbook/Penitential book/Prayerbook). That is, after saying the Commandment, you first say what this teaches you (school), then give thanks to God (song/psalm), followed by a confession of failure to follow the Commandment (penitential), and finally prayer to God for guidance and strength to fulfill the Commandment. The *Small Catechism* is instructive for the 'schoolbook' aspects.

The Apostles' Creed is then marked off, three beads indicating the three parts (Creator, Christ, Spirit). Each of these is again followed by four beads, indicating the same "garland of four strands" of learning, thanking, confessing, and praying.



Lutheran Rosary designed by Christopher P. Larsen, July 2008